

# Hoover Wrestling Club Administrator and Coach Code of Conduct

## Administrator

- Follow the rules and regulations of the HWC to ensure that the organization's philosophy and objectives are enhanced.
- Support programs that train and educate wrestlers, coaches, parents, officials and volunteers.
- Promote and publicize your programs; seek out financial support when possible.
- Communicate with parents by holding parent/wrestler meetings as well as being available to answer questions and address problems throughout the season.
- Work to promote programs that encompass fairness to the participants and promote fair play and sportsmanship.
- Recruit volunteers, including coaches, who demonstrate qualities conducive to being role models to the youth in our sport.
- Make every possible attempt to provide everyone, at all skill levels, with a place to wrestle.
- Read and be familiar with the contents of the AHSAA Wrestling Rulebook and the HWC Rules.

## Coach

- Be a positive role model to your wrestlers, display emotional maturity and be alert to the physical safety of wrestlers.
- Be generous with your praise when it is deserved, be consistent, honest; be fair and just; do not criticize players publicly; learn to be a more effective communicator and coach.
- Adjust to personal needs and problems of wrestlers, be a good listener, never verbally or physically abuse a wrestler or official, give all wrestlers the opportunity to improve their skills, gain confidence and develop self-esteem; teach them the basics.
- Organize practices that are fun and challenging for your wrestlers. Familiarize yourself with the rules, techniques and strategies of wrestling.
- Maintain an open line of communication with your wrestlers' parents. Explain the goals and objectives of your organization.
- Be concerned with the overall development of your wrestlers.
- Work to be the best coach possible. Be a leader. Be calm yet enthusiastically supportive of your wrestlers, coaches, opponents and referees.
- Reward those wrestlers who are working hard.
- Never use profanity or be crude in front of your players or parents.
- Do not drink or smoke in front of your wrestlers.
- Absolutely no weapons allowed at any HWC event.
- Absolutely no drinking by any wrestling coach, administrator, or staff before or during any HWC event.

I agree that if I fail to abide by the aforementioned rules and guidelines, I will be subject to disciplinary action deemed necessary by the Discipline Review Committee that could include, but is not limited to the following:

Verbal warning

Written warning

Coach tournament suspension with written documentation of incident kept on file by the HWC

Match/tournament forfeit

Suspension, Season or otherwise

Expulsion

By signing below I state that I have received, read, understand, and will abide by the Coach/Admin Code of Conduct.

Print Name \_\_\_\_\_ Signature \_\_\_\_\_ Date \_\_\_\_\_